

The Power of Dreams

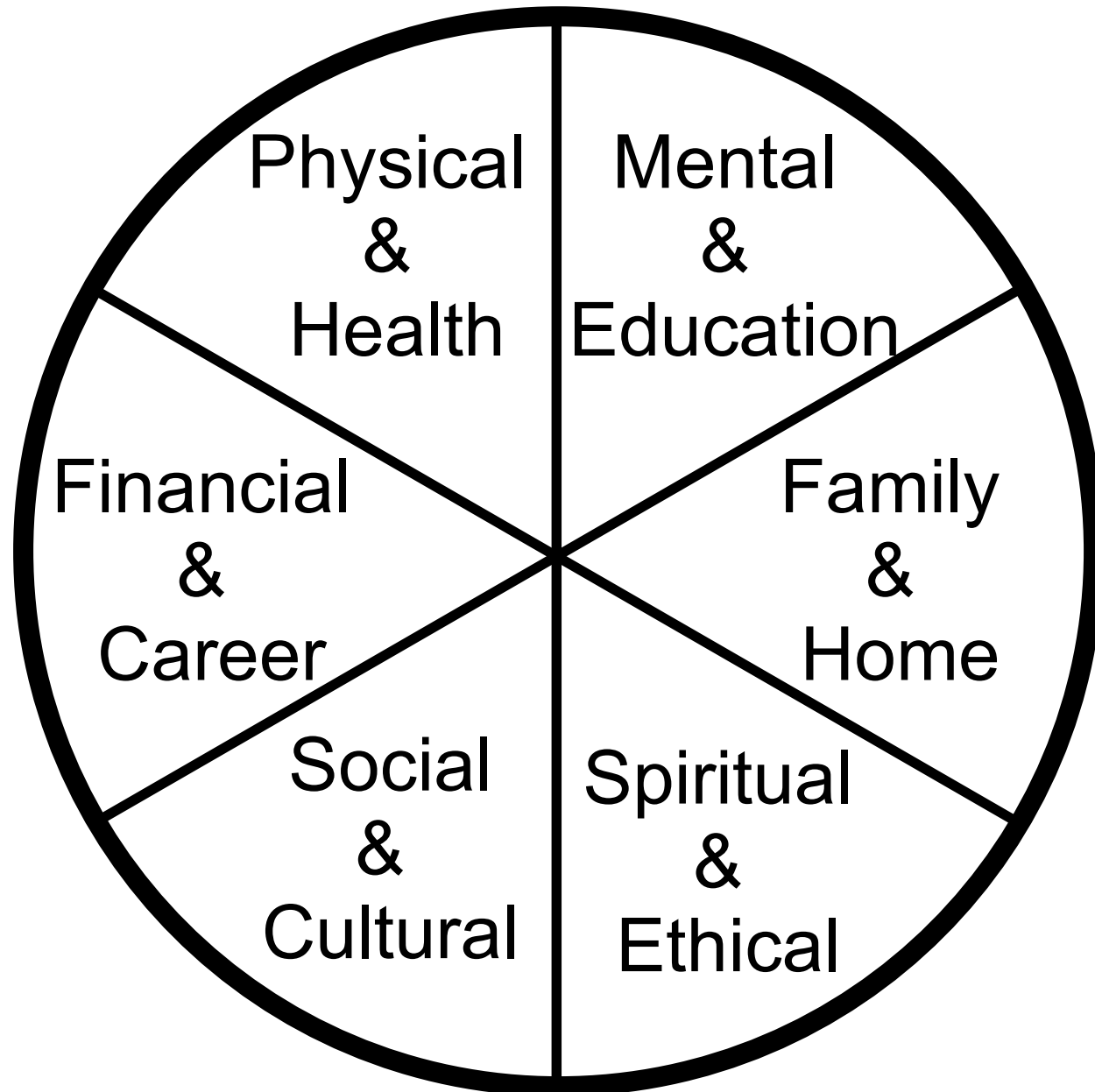
*** Power Goal Setting program ***

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Single most important thing to
achieve your goal

The Wheel of Life

6 Human Needs



YOUR GOALS, YOUR SUCCESS

- Spiritual – peace of mind, sense of purpose, prayer, belief in God, abiding by God's rule
- Mental – happiness, attitude, self-image, acuity, reading, creative, will power
- Career – job satisfaction, effectiveness, job training, understanding, job purpose, fulfillment, acknowledgment, contribution, achievement, progress
- Family – listening habit, forgiving attitude, good role model, time together, supportive of others, respectful, loving
- Finance – earnings, savings, investment, budgets, insurance, charge accounts
- Social – sense of humor, listening habits, self confidence, caring, friendship
- Health – vitality, energy, personal hygiene, exercise, strong, nutrition, water consumption, relaxation, enough sleep

YOUR GOALS, YOUR SUCCESS

My Name:

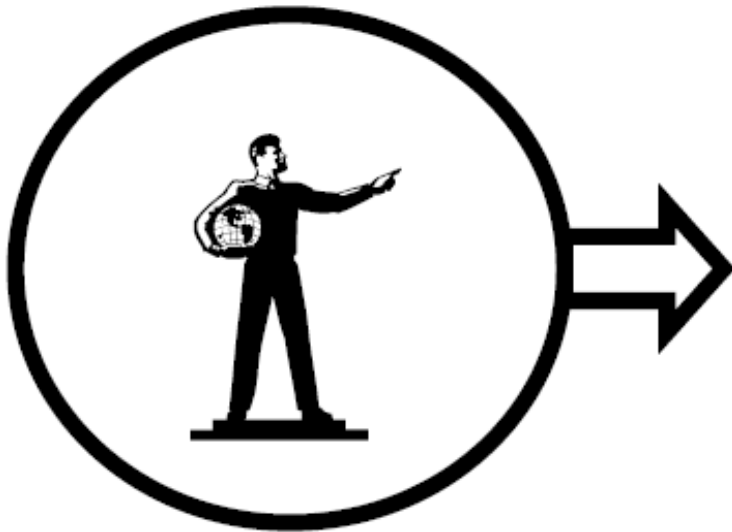
Goal	Short Term	Long Term
Financial / Career		
Physical / Health		
Mental / Education		
Family / Home		
Spiritual / Ethical		
Social / Cultural		

BE → **DO** → **HAVE**

Being

Doing

Having



State

Behaviour

Goal



Improve State
Fulfill Value



Performance Measure

Towards / Away Motivation

Simply Ask:

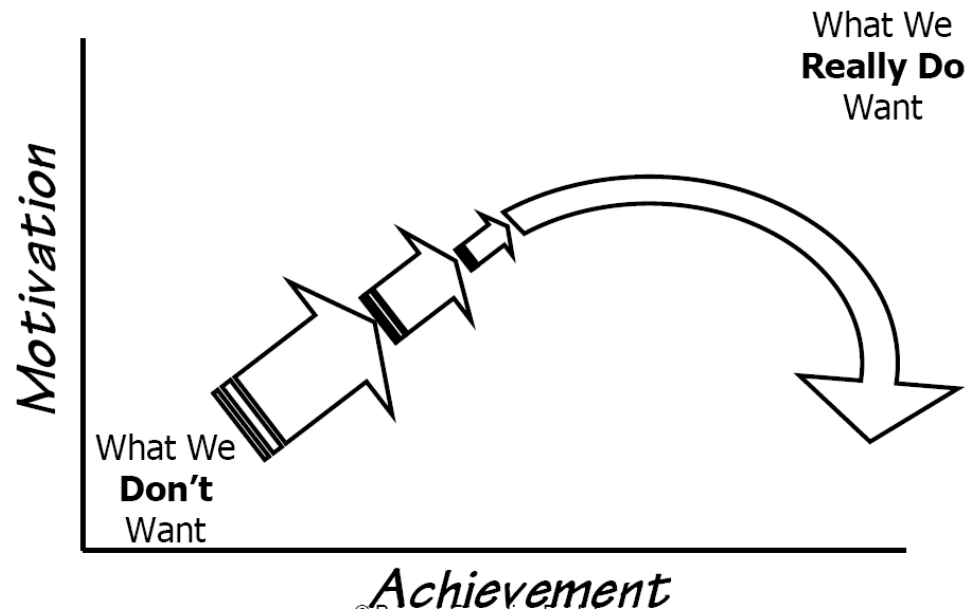
“What does Success mean to you?”

Listen for toward & away language .

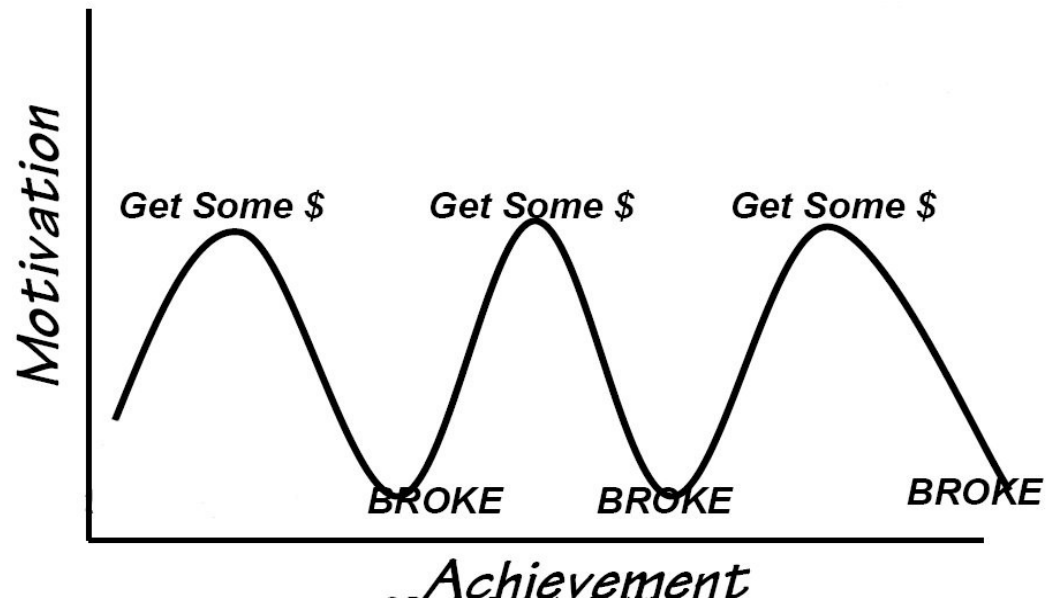
NOT – Don’t etc = Away

Do want – Seeking = Toward

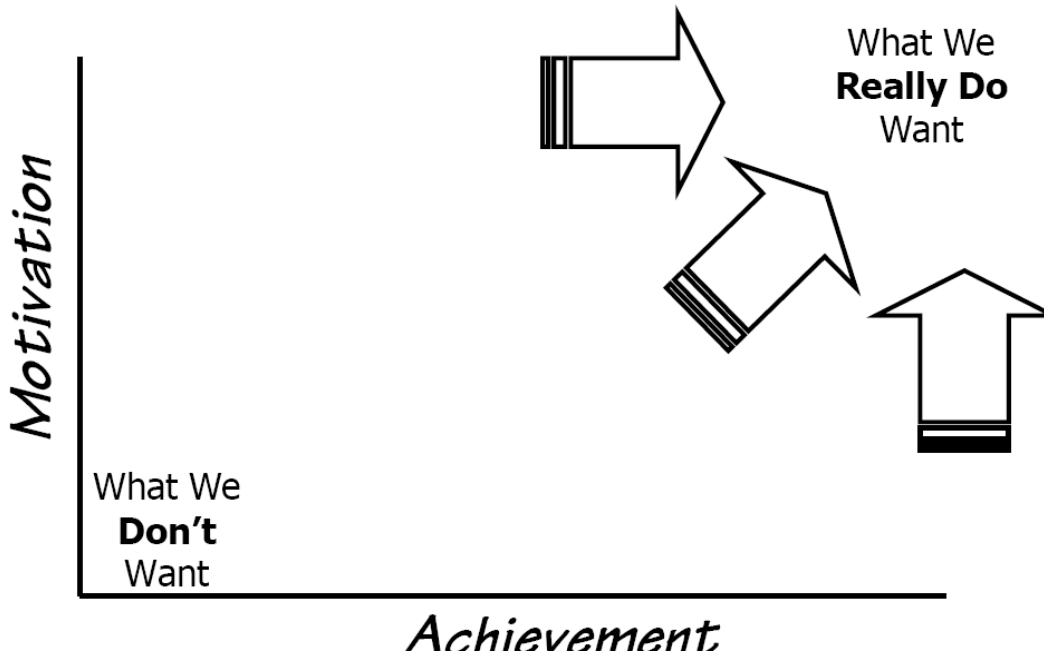
Extrinsic Motivation



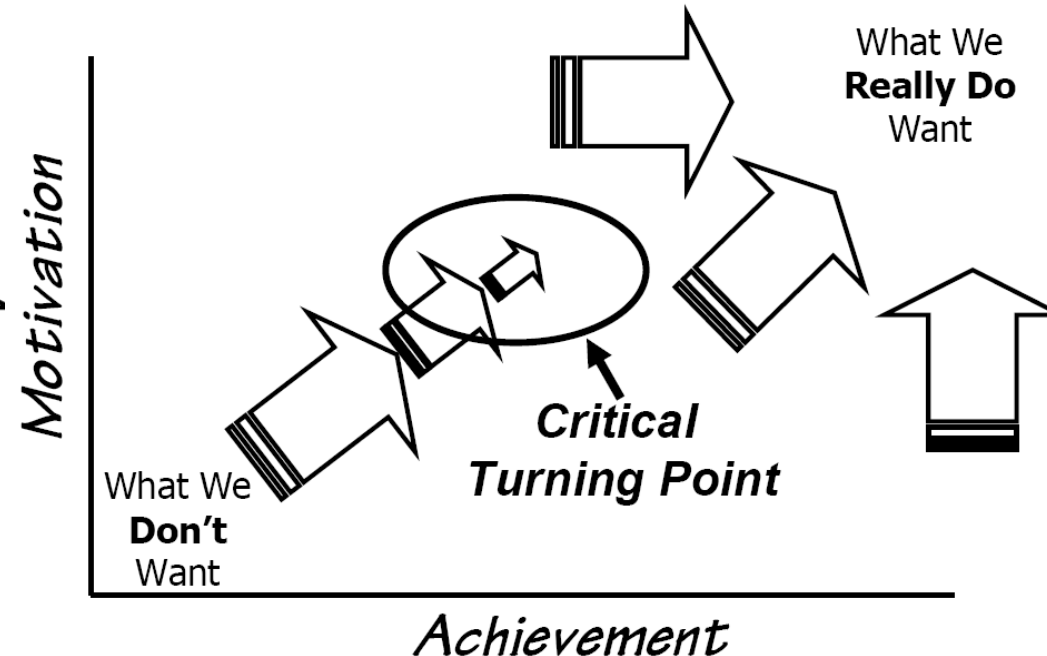
Curve of Inconsistency



Intrinsic Motivation



Sustainable Motivation



YOUR GOALS, YOUR SUCCESS

Your major goal in life may include the achievement of a series of short term goals. The achievement of your major goal in life will involve other people and it is vital that you maintain their cooperation if you are to rise above the average and achieve the success you desire.

YOUR GOALS, YOUR SUCCESS

Your definite major goal in life, once conceived and believed will not change until it is achieved. However, your action plan of achievement may change many times. Be flexible, open and receptive to alternate plans that may appear in your mind as you concentrate on the object of your heart's desire.

MY WANT LIST

If you knew it was impossible for you to fail, what would you choose?

- | | | |
|----------|----------|----------|
| 1. | 11. | 21. |
| 2. | 12. | 22. |
| 3. | 13. | 23. |
| 4. | 14. | 24. |
| 5. | 15. | 25. |
| 6. | 16. | 26. |
| 7. | 17. | 27. |
| 8. | 18. | 28. |
| 9. | 19. | 29. |
| 10. | 20. | 30. |

PRIORITIZE YOUR GOALS

- 1 Review your **Want List** a number of times. You should have 30.
- 2 Place the 30 Wants in 3 groups of 10 – **A, B and C**. The 10 “A” goals are your most important goals; the 10 “B” are less important, and the 10 “C” goals are the least important.
- 3 Take the “A” list and **prioritize** the 10 goals in order of importance, 1 through 10. Number 1 being the most important, and 10 the least important.
- 4 Prioritize your 10 “B”s and 10 “C”s in the same manner as you did with your “A” list.

PRIORITIZE YOUR GOALS

When you have completed lists **A, B and C**, you will have your **“A-1” goal** selected. This will be the **most important** goal and the one you **focus** your conscious attention upon. This is the goal you place on your **goal card** and carry in your pocket or purse. You will find many or most, if not all, of the **other goals** you have chosen will come to you as you move toward your “A-1” goal. The other 29 goals will become **stepping stones**.

YOUR VISION

“Everybody here has the ability absolutely to do anything and much beyond. Some of you will, and some of you won't. For the ones who won't, it will be because you get in your own way, not because the world doesn't allow you”

To be truly successful you need to write down your Personal Mission Statement.

Discover Your Mission

.....
A skill you can do and love to do now

.....
What makes you special

.....
**What you most want to see happen in
your industry**

.....
What you want most out of your life

**Your Mission Will Drive
You To Achieve Your
Dreams**

**Wishing You MDP in April
Thank You.**